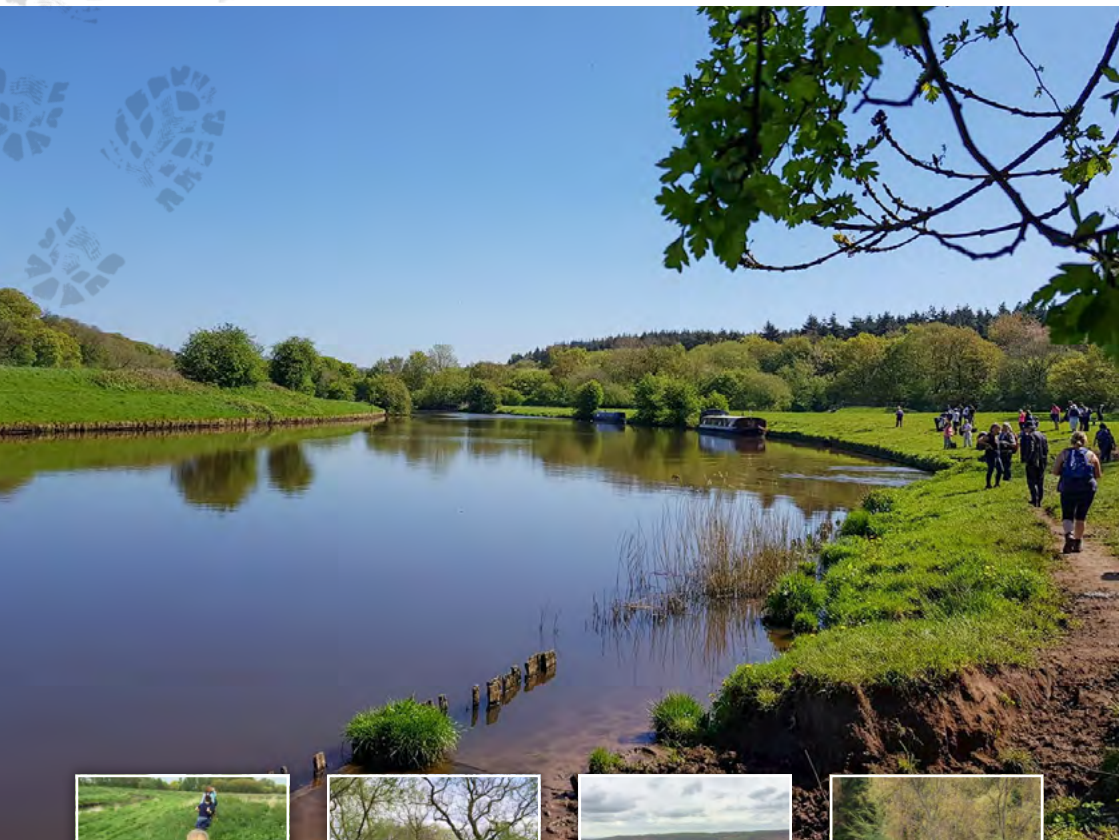


# FRODSHAM Festival of Walks

Saturday 27 April – Monday 6 May 2019



Frodsham  
TOWN COUNCIL



  
SandstoneRidge

The photos in this booklet were all taken by walkers during the 2018 Festival of Walks. We'd love to include your images next year. Please send them to [council@frodsham.gov.uk](mailto:council@frodsham.gov.uk) or post them on our Facebook page. There will be a prize for the best picture.



# Frodsham Town Council invites you to take part in our sixteenth Festival of Walks.

Who is the Frodsham Festival of Walks aimed at? Everybody! Whether you fancy a ramble up hills and across fields, a stroll along flat paths or just a bit of fun in the fresh air, there's something for you.



Most of our walks explore the countryside around Frodsham. Many have an interesting theme about the local history, geology or wildlife.

New for this year we have our Police Community Support Officer's walk for young people and tours of the Frodsham Wind Farm. Old favourites return in the dog walks and the enjoyable buggy push for little ones and their carers.



For people worrying about their new year's resolution to get more exercise, there are several health walks ranging from gentle strolls to more strenuous Nordic walking.

All walks are led by experienced leaders, either volunteers or representatives of the sponsoring organisations. As always, we are grateful to the organisations which have sponsored walks. There is no need to book for most walks, just turn up, but a few require booking because places are limited. If you want to know more about a particular event, please contact the Town Council offices in Castle Park. Do visit our Facebook page to ask questions, share experiences and post your photos.

We hope you enjoy the 2019 Frodsham Festival of Walks and will take a few moments to complete the online event survey at [www.surveymonkey.co.uk/r/RX5ZBQF](http://www.surveymonkey.co.uk/r/RX5ZBQF).

Find us on Facebook



The Frodsham Festival of Walks Working Group members are Caroline Ashton, Kath Gee, Tony Hinkins, Sue Kellett and Peter Webley – all volunteers – supported by Frodsham Town Council Administrative Officer Liz Kenny.



# What you need to know

Please note that Frodsham Town Council does not accept any responsibility for personal injury or loss of property when attending any of our walks. Individuals must take out their own insurance if they consider it necessary.

Walks will start promptly, so please arrive at the meeting point in good time as we need to complete a register of walkers and give a safety briefing before setting off. The Ordnance Survey grid reference is given for each meeting point. Postcodes are provided for satnav users, but please be aware that the postcode is only approximate.

Distances and duration of walks are approximate.

Car sharing may be available. Contact us to offer or request a lift.

Car owners please show consideration for local residents and businesses when parking.

Please wear suitable footwear and clothing and be prepared for unpredictable weather. On sunny days please consider using a brimmed hat and sun cream. An inadequately dressed person could affect the safety and enjoyment of the whole group. We reserve the right to not to take a person who is not properly equipped.

Contact us in advance if you are not sure what is required.

Please ensure you have sufficient food and drink for the duration of the walk.

Dogs are welcome on some walks but must be kept under close control on a short lead at all times. Assistance dogs are welcome, but please check that the route is suitable for dog and owner. Where dogs are not allowed it is clearly shown on the walks information.

Young walkers are welcome but if aged 16 or younger must be accompanied by an adult, except for Walk 29.

All walkers will need to supply an emergency contact phone number to be written on a wristband which we will provide at the start of each walk.

You must not leave the group unless you have notified the leader. Once you have left, your leader will no longer be responsible for you.

For further details on any of the walks please contact Liz at Frodsham Town Council.

**01928 735150**

**Out of hours 07851 618670**

**Email [council@frodsham.gov.uk](mailto:council@frodsham.gov.uk)**




**1** Saturday 27 April - 10:00 am

## Two Trails

*Lesley Mitchell*

### Meeting at Castle Park car park

Enjoy a lovely 11 mile walk between Frodsham and Delamere Forest using two local trails: the Sandstone Trail and the Delamere Way. This moderate circular walk includes several short ascents and descents and some steps. Wear stout footwear, may be muddy. Bring a packed lunch. No dogs please.

 Grid Reference **SJ514775**

 Postcode **WA6 6SB**

**2** Saturday 27 April - 1:00 pm

## Exploring around the Whitegate Way

*Kevin & Susan Fairbanks*

### Meeting at Whitegate Station car park, Clay Lane, Marton

This gentle 7 mile walk through lovely Cheshire countryside starts along the Whitegate Way but soon deviates across Newchurch Common into Petty Pool Wood, past the Outdoor Centre and across to Blakemere Craft Centre for a 20 minute comfort break. We then walk down to explore Nunsmere and return along the Whitegate Way to our starting point. Dogs on a short lead are welcome, but there are 3 stiles along the route.

 Grid Reference **SJ615679**

 Postcode **CW7 2QE**

*Supported by Frodsham Methodist Church Walking Group - Walkers are warmly welcomed to enjoy refreshments back at the church after the walk.*

**3** Sunday 28 April - 9:30 am

## Morning Marshes Bird Walk

*Bill Morton*

### Meeting at motorway bridge, Brook Furlong (off Marsh Lane)

A 3-4 mile walk with relaxed observation of summer migrant birds. Bring binoculars if you have them. No dogs please.

 Grid Reference **SJ511779**

 Postcode **WA6 7BT**

**4** Sunday 28 April - 1:30 pm

## Frodsham Family Treasure Trail

*Tony Hinkins & Peter Webley*

### Meeting at Gallery 2, Castle Park Arts Centre

Our hugely popular Family Treasure Trail has moved to Frodsham! Discover lots about Castle Park - how it started, what has happened since then, its wildlife and activities you can enjoy in it. Then head back to the Arts Centre (refreshments available from the café) to check your findings. Answers available at 3.15 pm. A few steps but OK for buggies.

 Grid Reference **SJ514775**

 Postcode **WA6 6SE**



**5** Sunday 28 April - 2:00 pm

## Walk to the Weaver

*Joe Collins*

### Meeting at Lady Heyes, Kingsley Road

A 5 mile circular walk from Lady Heyes across fields to Frodsham Cut and the River Weaver via Bradley Orchard and Belleair Farm. Dogs on short leads are welcome but be aware that this route will cross pasture with grazing cattle.

 Grid Reference **SJ535757**

 Postcode **WA6 6SU**

*Supported by Frodsham USA*

**6** Monday 29 April - 10:00 am

## Buggy Push

*Pat Hinkins*

### Meeting at Netherton Hall car park, Chester Road

A gentle 2 mile, 90 minute walk along country lanes to Helsby and back, including a visit to Hatley Farm. For mums, dads, grandparents and carers with children who enjoy buggy (and first bike) travel. No dogs please.

 Grid Reference **SJ512770**

 Postcode **WA6 6UL**



**7** Monday 29 April - 10:00 am

## Beautiful Bickerton

*Barbara Penlington*

### Meeting at National Trust car park off Goldford Lane, Bickerton

A moderate 10 mile walk on good footpaths with a few undulating slopes. Beautiful views of Bickerton Hill and the surrounding woodlands and pastures, passing through Harthill, Bulkeley and Cholmondley. Bring a packed lunch and a drink. Dogs on a short lead are welcome.

 Grid Reference **SJ503531**

 Postcode **SY14 8LN**

*Supported by North and Mid Cheshire Ramblers*

**8** Monday 29 April - 10:00 am

## Ancient Woodlands of the Weaver Valley

*Kevin Feeney*

### Meeting at the parking green on Ball Lane, Kingsley (look for Cheshire Wildlife Trust vehicle)

Enjoy a 3 mile relatively flat guided walk to one of Cheshire Wildlife Trust's ancient woodlands located along the edge of the River Weaver and just a stone's throw from Frodsham. Learn why woodland habitat is so important and how woodlands can be enhanced for future generations. Dogs on short leads welcome.

Cost: £6 per person (£5 for Cheshire Wildlife Trust members), children free – all proceeds support conservation work in Cheshire. Places are limited – prebooking via [www.cheshirewildlifetrust.org.uk/events](http://www.cheshirewildlifetrust.org.uk/events) is essential.

 Grid Reference **SJ557755**

 Postcode **WA6 8HL**

*Supported by Cheshire Wildlife Trust*

For further details of any of the walks please contact Liz Kenny at Frodsham Town Council **01928 735150** Out of hours **07851 618670** Email [council@frodsham.gov.uk](mailto:council@frodsham.gov.uk)

**9** Monday 29 April - 2:00 pm

### Five Seats Walk

*Neil Oxley*

#### Meeting at far end of the track past Shepherds Houses, off Manley Road

A circular walk through young and old woodland over Woodhouse Hill and Snidley Moor with views of the Mersey Estuary and North Wales. Includes some sections with moderate slopes and flights of steps. An opportunity to learn about the work of the Woodland Trust in the area. Dogs on short leads welcome.

 Grid Reference **SJ516755**

 Postcode **WA6 6HW**

*Supported by Woodland Trust*

**10** Monday 29 April - 2:15 pm

### Early Evening Meal at Oswalds

*Andy Todd*

#### Meeting at Frodsham Community Centre, Fluin Lane (park against wall nearest Fluin Lane if possible)

A 6 mile circuit of the Frodsham area with fine views and just a few stiles. No dogs please. Afterwards you may like to join a group meal at Oswalds restaurant upstairs at the Helter Skelter. Meet in the bar from 6pm. Eat upstairs at 6.45pm. Book at [www.frodsham.gov.uk](http://www.frodsham.gov.uk) by Saturday 27th April to guarantee a place for the meal.

 Grid Reference **SJ522779**

 Postcode **WA6 7QN**


**11** Tuesday 30 April - 10:00 am

### Watercourses and Golf Courses

*Sheila Sheedy*

#### Meeting at pedestrian bridge into Walton Hall, Higher Walton (parking in Walton Hall car park - £3 - or side roads)

A 7 mile circular walk from Walton Hall along the canal to Moore and across the A56. Follow the Mersey Valley Trail round to Appleton Reservoir then across Warrington Golf Course and back via Hill Cliffe and Walton Golf Course. Dogs on a short lead welcome.

 Grid Reference **SJ600851**

 Postcode **WA4 6SN**

**12** Tuesday 30 April - 10:00 am

### Paws & Claws Dog Walk

*Caroline Ashton*

#### Meeting at Paws & Claws pet shop, Frodsham Station

A gentle, 2 hour stroll for dogs and owners (maximum 2 dogs per owner) around Frodsham, passing through Castle Park for a water break, returning to Paws & Claws for treats.

 Grid Reference **SJ518779**

 Postcode **WA6 7DJ**



**13** Tuesday 30 April - 10:30 am

### Walking for Health in Castle Park

*Cheryl Lockley & Lesley Mitchell*

Meeting at the back entrance to Castle Park House in Castle Park

Enjoy a gentle walk around Frodsham's Castle Park with optional hot drinks and chat in the café afterwards. This is a short steady walk lasting around 30 minutes. No dogs please, except guide dogs.

 Grid Reference **SJ514775**

 Postcode **WA6 6SB**

*Supported by Ramblers Walking for Health*

**14** Tuesday 30 April - 6:30 pm

### An Evening of Even More Snickets

*Kathleen Povall*

Meeting at Frodsham Methodist Church, Kingsley Road

Another interesting circuit of Frodsham, using a variety of narrow peaceful paths, taking in Castle Park. This stroll takes about 1½ hours, covering approximately 3 miles. Dogs on short leads welcome.

 Grid Reference **SJ524769**

 Postcode **WA6 6BA**

**15** Wednesday 1 May - 10:30 am

### Wednesday Health Walks

*Kathleen Povall & Alan Gerrard*

Meeting at the back entrance to Castle Park House in Castle Park

A gentle guided walk of up to 3 miles for anyone wishing to improve their fitness. Ideal for all including families, the young and young at heart.

A progression walk of up to 2 hours will also be available for those who want a more challenging experience. It will be over more strenuous terrain, possibly including stiles. Sturdy footwear recommended. No dogs please.

 Grid Reference **SJ514775**

 Postcode **WA6 6SB**

*Supported by Ramblers Walking for Health*

**16** Wednesday 1 May - 10:30 am

### Discovering Deva Delights

*Joyce Porter*

Meeting at Eccleston Ferry car park

A mostly flat 9 mile walk to Chester via the woods of the Chester approach, visiting Little Roodee, Edgar's Field, The Walls and river front. Returning by Queen's Park and The Meadows. Bring a packed lunch. No dogs please.

 Grid Reference **SJ 415621**

 Postcode **CH4 9JE**

*Supported by North and Mid Cheshire Ramblers*

For further details of any of the walks please contact Liz Kenny at Frodsham Town Council **01928 735150**  
Out of hours **07851 618670**  
Email **council@frodsham.gov.uk**





**17** Wednesday 1 May - 10:45 am

### Nordic Walking Taster

*Elizabeth Kerley*

**Meeting at Castle Park car park**

A 45 minute session that will help you understand how beneficial Nordic Walking can be - it's far more than just walking with poles! Get a taste of how light you will feel on your feet, how the whole body is mobilised and why you need to take the time to learn the technique. Poles are provided. Flexible soled trainers or walking boots are ideal, avoid solid heavy walking boots. No dogs please.

Places limited to 12 so it's essential to book at [www.kerleynordicwalking.co.uk/find-a-taster](http://www.kerleynordicwalking.co.uk/find-a-taster)

 Grid Reference **SJ514775**

 Postcode **WA6 6SB**

*Supported by Kerley's Nordic Woodland Walking*

**18** Wednesday 1 May - 6:30 pm

### Evening Marshes Bird Walk

*Bill Morton*

**Meeting at motorway bridge, Brook Furlong (off Marsh Lane)**

A 3-4 mile evening walk with relaxed observation of summer migrant birds. Bring binoculars if you have them. No dogs please.

 Grid Reference **SJ511779**

 Postcode **WA6 7BT**

**19** Thursday 2 May - 10:00 am

### Limestone Crags of the Clwydian Range

*Paul Day*

**Meeting at large lay-by on east side of A494 road, about ½ mile south of Llanferres village by Plymog Farm.**

This 9-10 mile circular walk explores the limestone country and habitats to the east of the Afon Alyn around Llanferres and Maeshafn. The walk will visit local viewpoints on Moel Findeg and Bryn Alyn and includes up to 2,000 ft of ascent. Be prepared for all weathers and wear stout footwear. Bring lunch and drinks. Dogs on short leads welcome. Please note that there are no refreshment/toilet facilities at the start/end point.

 Grid Reference **SJ186596**

 Postcode **CH7 5SY**

*Supported by North and Mid Cheshire Ramblers*





**20** Thursday 2 May - 10:15 am

### Thurstaston Rocks and Landscape

*Hilary Davies & Kath Gee*

Meeting at the 'Thurstaston Centre Map' in the main Park and Display Car Park at Wirral Country Park, Station Road, Thurstaston (day tickets £2.00 but don't buy until instructed by the walk leader). Half the cars will be asked to take participants to the free Thurstaston Common car park to start the walk.

We spend the morning on Thurstaston Common with 3 information stops in this gentle 'walk and talk' of 4-5 miles. We pass through Thurstaston village and continue to Dungeon footpath with 2 further stops, then on to the Wirral Way and back to our starting point where you can eat sandwiches or buy lunch. In the afternoon we stroll along the beach to view its geological features. Dogs on short leads welcome.

	Grid Reference	<b>SJ238836</b>
	Postcode	<b>CH61 0HN</b>



**21** Thursday 2 May - 10:30 am

### From Rome to Victoria

*Judy Cross*

Meeting at Great Budworth Ice Cream Farm, New Westage Farm

A leisurely 7½ mile walk with plenty of historic interest from salt to Victorian engineering. Ice cream available at the end. Bring lunch. Parking at the Ice Cream Farm is by invitation - please patronise the café or bring your cool box and take some ice cream home! Dogs on short leads welcome but be aware that this route will cross pasture with grazing cattle.

	Grid Reference	<b>SJ665780</b>
	Postcode	<b>CW9 6ND</b>

*Supported by North and Mid Cheshire Ramblers*



**22** Thursday 2 May - 6:00 pm

### Sophie's Helsby Dog Walk

*Sophie Rigby & Caroline Ashton*

Meeting at Sophie's Groom Room and Hydrotherapy Centre, 245 Chester Road, Helsby

A 1½ hour flat walk for dogs and owners on footpaths around Helsby. Maximum 2 dogs per person.

	Grid Reference	<b>SJ488756</b>
	Postcode	<b>WA6 0AQ</b>

*Supported by Sophie's Groom Room and Hydrotherapy Centre*



**23** Friday 3 May - 10:00 am

### Pub Lunch at the Travellers Rest

*Anne Shaw*

Meeting at Bradley Lane (Kingsley Road end)

A 4-5 mile walk over Frodsham Hill then to the Travellers Rest for lunch. Could be muddy. After lunch, a 2-3 mile walk through Hob Hey Wood, admiring the bluebells. No dogs please.

	Grid Reference	<b>SJ525770</b>
	Postcode	<b>WA6 6PX</b>

For further details of any of the walks please contact Liz Kenny at Frodsham Town Council **01928 735150**  
Out of hours **07851 618670**  
Email [council@frodsham.gov.uk](mailto:council@frodsham.gov.uk)



**24** Friday 3 May - 10:30 am

### Frodsham Wind Farm

*Stephen Snowdon & Abbey McGinty*

**Meeting at motorway bridge, Brook Furlong (off Marsh Lane)**

A 3½ mile tour of the Frodsham cluster of wind turbines that form part of the larger wind farm. On the way there will be information about the wind farm as a whole, its construction, operation and interaction with the environment, as well as the Marshes Community Benefit Fund. No dogs please. Numbers are strictly limited so prebooking via [www.frodsham.gov.uk](http://www.frodsham.gov.uk) is essential.

 Grid Reference **SJ511779**

 Postcode **WA6 7BT**

*Supported by Peel Energy*

**25** Friday 3 May - 2:00 pm

### Frodsham Wind Farm

*Stephen Snowdon & Abbey McGinty*

**Meeting at motorway bridge, Brook Furlong (off Marsh Lane)**

Please see the details and booking arrangements for Walk 24.

 Grid Reference **SJ511779**

 Postcode **WA6 7BT**

*Supported by Peel Energy*


**26** Friday 3 May - 1:30 pm

### Waterside and Woodland Walk

*Iris Keating & Kath Gee*

**Meeting at Preston Brook Village Hall, Sandy Lane**

We follow the Bridgewater Canal via Tunnel Top to the Trent and Mersey Canal in this leisurely 7 mile walk. We take a break for refreshments at Bluebell Cottage Nursery then walk through woodland down to the Weaver. We leave the river just after Dutton Lock road-bridge, ascend to the canal towpath and return to our starting point through the Woodland Trust's Longacre Wood. One short steep climb and 3 stiles. Dogs on short leads welcome.

 Grid Reference **SJ566806**

 Postcode **WA7 3AW**


**27** Saturday 4 May - 9:30 am

### Weaver Valley Wandering

*Susan Kellett*

**Meeting at Stone Bridge, Frodsham**

An all-day 13 miles moderate walk taken at a gentle pace in the Weaver Valley. We shall weave our way to and from the Weaver on lane, field, woodland, river and canal paths and tracks from the north to the south side through Devil's Garden and a secret garden. Spring flowers and birds in abundance. Mostly flat but short inclines with some stiles and steps. Wear stout footwear and appropriate clothing. Bring snacks, lunch and drinks. No dogs please.

 Grid Reference **SJ529784**

 Postcode **WA6 7JY**

**28** Saturday 4 May - 2:00 pm

### Weaverham Heritage Walk

*Peter Clarke*

**Meeting at St Mary's Church, Church Street, Weaverham**

This walk combines Weaverham's Blue Plaque and Petal walks. The Blue Plaque walk of 1¼ miles explores the historic village of Weaverham. For those who wish to continue, we then follow the Petal walk for 2 miles through Owley Wood with views of the River Weaver. Dogs on a short lead welcome.

 Grid Reference **SJ616742**

 Postcode **CW8 3NJ**

*Supported by Weaverham History Society*

**29** Sunday 5 May - 11:00 am

### Community Police Officer Walk

*PCSO Neil Flanagan*

**Meeting at Frodsham Community Centre, Fluin Lane (park against wall nearest Fluin Lane if possible)**

Walk to the top of Frodsham Hill with your local Police Community Support Officer Neil Flanagan. This walk is aimed at young people discovering the benefits of walking in and around the local area. Dogs on short leads welcome. You will be back at the Community Centre by 1.30pm.

 Grid Reference **SJ522779**

 Postcode **WA6 7QN**

*Supported by Cheshire Constabulary*


**30** Sunday 5 May - 2:00 pm

### Hob Hey Wood Discovery Trail

*Clare Birtles*

**Meeting at junction of Langdale Way and Townfield Lane**

Did you know that Hob Hey Wood is a fragment of the ancient Forest of Mara? Join this gentle stroll to learn about the history of Frodsham's very own ancient wood. Discover wild flowers, native trees, bird life and evidence of badgers, foxes or even the fabled hobgoblin! Suitable for all the family. Dogs on short leads welcome.

 Grid Reference **SJ526778**

 Postcode **WA6 7LX**

**31** Monday 6 May - 10:00 am

### The Frodsham Hills Challenge Walk

*Alan Gerrard*

**Meeting at Frodsham Methodist Church, Kingsley Road**

A delightful yet challenging 5 mile walk around the hills of Frodsham including Middle Walk, the lower walk around Dunsdale to Foxhill, Woodhouse Hill and Snidley Moor. The walk will return along the Sandstone Trail via Jacob's Ladder and the summit of Frodsham Hill. Some very steep sections. Sturdy footwear recommended. Can be muddy if wet. No dogs please.

 Grid Reference **SJ524769**

 Postcode **WA6 6BA**

## FRODSHAM

# Festival of Walks

Saturday 27 April – Monday 6 May 2019