



Together we inspire

Striving to achieve

**Would you like to support others?**

**Do you have one hour to spare a week to give to a young person?**

**WE WANT**



**YOU!**

**Are you a good listener, willing to challenge others to be the best they can be?**

**Do you care about the future of your community?**

If you are over 18 and answered **YES!** to any of these questions, you could be a mentor!

Join TWISTA today by registering your interest to:

[twista@cheshire.pnn.police.uk](mailto:twista@cheshire.pnn.police.uk)

By helping the younger citizens of the area, you can help them to achieve the goals they want by guiding them along the way.

This will help them to get more focus on the things they need and may even be able to start hobbies with your help to keep them busy after school, therefore, keeping away from trouble.

This won't take up much of your spare time, just one hour per week is all it takes to make somebodies life better.

**Previous Mentor Paul said:**

"The training day put on at the start of the program is immensely useful and would highly recommend. I feel as though I made a positive impact with the student but also grew myself.

I guess many of us could get out of our comfort zone a little, adjust our diaries and give back 1-2 hours...it isn't much out of our week but is a lot to the students. I would certainly consider doing it again."

Many young teenagers don't have the support that they need from home and friends in order to achieve what they want which encourages them to give up.

You can give them this support by meeting once a week in a local school to help them through what they want.

Training will be required to you in order for you to support the young teenager.

This will be around 6 hours of quality training delivered by the Football Association that helps you to become a good listener and deal with problems, before mentoring.

Once trained, you will be paired with a teenager that is best matched to you in terms of hobbies, interests etc. This will give you a closer bond to start with that you can then build on.