

BROAD-MINDED

&

SACRED VIBRANCE

presents...



VOICE
&
SOUND BATH

"A unique blend of healing sounds to enhance the soul"

Castle Park Art Centre, Frodsham

Thursday 9th March 7-8pm - £15

Email: earthamy27@outlook.com

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VOICE & SOUND BATH

Setting the scene...

Broad-minded and Sacred Vibrance join together to provide a Voice and Sound Bath full of warmth, depth and feeling. Using their unique healing voices, intuition and connection to the Universe they act as a channel to provide a truly healing experience. Accompanying sound instruments both natural sounding and electronic are used to create a journey of mystery, purpose and beauty as you soak up, rebalance and centre your soul.

Voice, Sound Healing and the benefits....

Sound healing is an ancient meditative practice to assist with coming back into a calm peaceful state of being and aligning to the true nature of self. The vibrations from the nurturing sounds assist with reducing stress, alleviating anxiety, depressive feelings, tension and insomnia. The Voice is said to be the most healing of all instruments, and the drum, which will also be used with its hypnotic and thudding sounds helps to deepen the connection with self. Other instruments used will restore balance and energy with their cleansing sounds and vibrations.

Bookings:

Price- £15 - Please Email....earthamy@outlook.com

Further info

www.sacredvibrance.com
www.broad-minded.com